**賞味期限チェック表**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **No.** | **食品名** | **購入日** | **賞味期限** | **保管場所** | **使用済✓** | **備考** |
| 1 | 豆腐 | ××/07/04 | ××/07/10 | 冷蔵庫上段 | ✓ | 7/8消費済 |
| 2 |  | /　/ | /　/ |  |  |  |
| 3 |  | /　/ | /　/ |  |  |  |
| 4 |  | /　/ | /　/ |  |  |  |
| 5 |  | /　/ | /　/ |  |  |  |
| 6 |  | /　/ | /　/ |  |  |  |
| ７ |  | /　/ | /　/ |  |  |  |
| 8 |  | /　/ | /　/ |  |  |  |
| 9 |  | /　/ | /　/ |  |  |  |
| 10 |  | /　/ | /　/ |  |  |  |
| 11 |  | /　/ | /　/ |  |  |  |
| 12 |  | /　/ | /　/ |  |  |  |
| 13 |  | /　/ | /　/ |  |  |  |
| 14 |  | /　/ | /　/ |  |  |  |
| 15 |  | /　/ | /　/ |  |  |  |
| 16 |  | /　/ | /　/ |  |  |  |
| 17 |  | /　/ | /　/ |  |  |  |
| 18 |  | /　/ | /　/ |  |  |  |
| 19 |  | /　/ | /　/ |  |  |  |
| 20 |  | /　/ | /　/ |  |  |  |